



# The Golden Sun

## Newsletter The Golden Sun

Zeist, March 2018

Dear friends of the Golden Sun,

It has been an eventful year.

A year full of inner peace, warmth and unison after a Golden Sun ceremony. In many places in the Netherlands and abroad, we were able to take each other by the hand. During these ceremonies we had the opportunity to share our experiences and create a pillar of light, so powerful, it embraced the earth and returned to the participants as a strong torus. Each ceremony ended with happiness, deep gratitude and recognition from people, young and old: "I matter, everyone matters. And how wonderful to see all this diversity. What an extraordinary journey did I make. I see I do matter to the world. How powerful are we" etc. etc.



Groups of participants represented all parts of society. We noticed every time that we can Be Peace. That this possibility is always present within and around each of us.

An individual commitment to be connected to the other person, all others and in the meantime being aware that we act from a whole being, leads to a true sensing of the heart. And we, you and I (the people) can innerly decide to act from that sensing, as we do in the act of creating the Golden Sun. Then there is respect and understanding in your act and every participant is equally important.

Then he/she can be themselves and also be equal to the other. The Golden Sun artwork mirrors this principle: each piece of the puzzle has great value in itself (literally and figuratively) and is also part of the greater whole.

### ***Simplification***

The ceremony has been simplified after the Ceremony in "Helicon", Zeist on March 12 2017 which was lead by Joost Nijhof. Since this ceremony, the performance has been more sober in words: "I am..." followed by "I am..." and then your name, and then the country that one is representing at that moment. By changing the format, the whole project was liberated and transformed into a more spontaneous, sober and stronger ceremony. An encounter in the HERE and NOW where there are endless possibilities!



### ***Spain***

April 30 2017 we celebrated the Golden Sun ceremony in Els Poblets, Spain. This was organized by Marielle van Eeden. A Spanish family came to aid. The warm ceremony was held in the communal park, in the shade of the local band stand. Many villagers, friends and acquaintances joined.

The Golden Sun Peace project connected with the entire community of family, friends and everyone related to this community. From policeman to elderly ladies from the village. It was touching to see. The ceremony ended with a true Spanish Paella.

The next day, Gerha Lankhuizen and I drove to Montserrat, where we were welcomed by Maria Andrea Marotti. On the plaza of the 12 Apostels, we performed a ceremony with people initiated in the Inca traditions under the watchfull eyes of security and many puzzled tourists from all over the world. In hindsight is was a wonder due to the enormous crowds because of May 1<sup>st</sup> celebrations.

### ***Olst***

September 29 2017, we performed a Golden Sun Ceremony at Overkempe in Olst. This is a residential community for mentally handicapped adults. What a pure connection there was! All seats were more than occupied. Sometimes 2 chairs were shared by 3 people. Even one person in a wheelchair did not back away. Parents, caretakers, remedial educationalists and other visitors were

amazed about everyone's deep involvement and the flow during the ceremony. After creating the pillar of light, there was a spontaneous outburst of Saint Francis' Canticle of the Sun, sung by the residents of Overkempe. This gave everyone goosebumps. The residents showed us their strength: to be connected in the HERE and NOW, unconditionally, without any reserve nor preoccupations. This was a deeply moving experience!

### ***Placing crystals in Africa and North America***

Last year, two crystals were placed. The crystal "Africa" has been buried on a beautiful location near the Holy Compass Mountain in the Great Karoo, South-Africa. On the spot where the small lead crystal art work resembling the African continent is buried, there was a natural rock in an identical shape, ready to be taken in return.



The crystal "North America" was also placed. Evert was able to bring our entire family on a trip to North America. The crystal brought us to the Hopi Indians, by whom we were warmly greeted to our great surprise. The crystal was blessed by a healer and a shaman of the Snake Kiva (Snake temple). This shaman took us with the crystal to Prophecy Rock on top of the Hopi Mesa. This is a sacred and very important place for the Hopi tribe. Such a gift! Who could have imagined this?

### ***Visoko***

In September we were asked whether we could perform the Golden Sun on June 21 2018 in Visoko, Bosnia. It feels very special to be invited to perform this ceremony in such a power place!

Soon I will travel to Visoko, along with Tineke de Jong and Charlotte Korbee, in order to survey the area and meet dr. Sam and all the other volunteers that work very hard to uncover this extraordinary site with the enormous Pyramid of the Sun and underground canals.

In order to pay for our trip on June 21, we have set up a pilgrimage to Visoko along a beautiful itinerary (via Exsternsteine, Bamberg, the temple of Isis in Austria). In Slovenia, Ljubljana, we will do a Golden Sun Ceremony before we

return to the Netherlands. The route back home is not yet final. There are no seats available anymore in our bus, however, there is always a possibility to travel to Visoko on your own either by plane or just follow us with your own car.

### ***Russia***

Bosnia lies in the heart of Europe. And because of this, she's a true bridge to the East.

In the same period as the inquiry about performing in Visoko last year, a request was made to contact Ahamkara. He is a young Siberian Shaman from the Altai mountains. Along with this request, the question was asked whether the European Crystal could be buried in the European part of these mountains, near the holy Belukha Mountain, which is the Highest peak of the Altai Mountains. It feels very special to me that we may bring our Crystal shape of "Europe" to this place. Ahamkara's connection to our peace project was so intense, that he also invited us to perform a Golden Sun Ceremony in the Anastasia Eco-Village near Jekaterinenburg. It is scheduled to take place on July 28 2018. Everyone is welcome to join: see more details on this website: [www.siberianretreat.com](http://www.siberianretreat.com).

### ***Light weight Golden Sun***



These appointments are really pushing us to make sure our Light Weight Golden Sun will be ready. It will require hard labour, but we will get it finished on time! Due to the fact that we use 1.5 mm thin beech wood, a entirely new image has been projected onto a diameter of 3.67 metres.

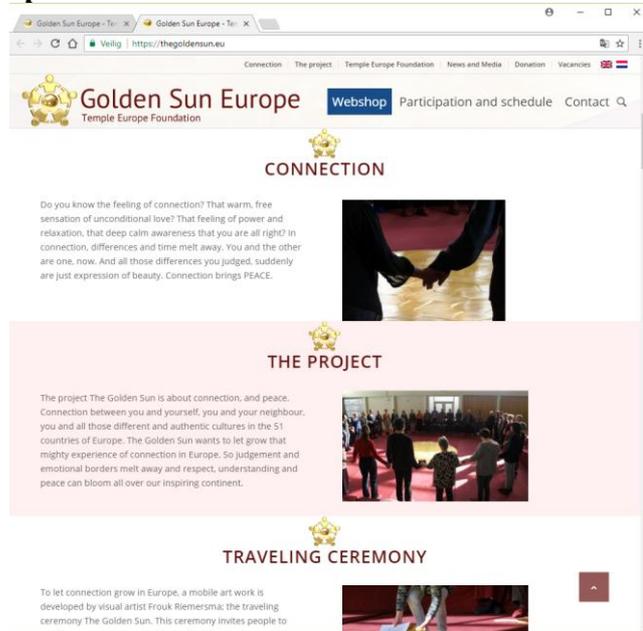
The drawing was made and then transformed into patterns. These patterns have been transferred onto the wood. Frouk cut the pieces in the workplace of our friend Pieter in Amsterdam. Joost, Ineke, Ariane from the workgroup sanded the pieces with Frouk, so they could be covered into shellac. Next week the ochre primer will be put on one side of the puzzle pieces. If that's done, the leaf gold will be applied. The exact dimensions of the transport case have been calculated, and the fabric samples have arrived as well. If we need more hands for embroidering the outline on the fabric, we will post the vacancies for sure!

## ***Precious golden needles in a haystack***

The Board has grown with our new treasurer Onno Jonker as well as new member Klaaseric Cuperus.

We are very pleased with these nominations. We are still looking for a secretary who lives near or in Zeist.

## ***Updated website***



Dear friends, as you can see, we have been quite busy. People are putting lot's of love and energy into this peace project.

It was time to give our website a make-over. It's now possible to choose between 2 languages: English or Dutch. A number of texts have been rewritten. We thank Hildegard Boender, who has carefully completed this (never ending) task.

## ***Golden Sun pendant***

In the mean time, our talented artist Andrea Agathe (who made the "golden sun" pendants), has started to make a new design based on our logo. And they are going to be beautiful. As soon as the new pendants are available in the webshop, we will send you an update. These pendants are extraordinary gifts for friends or family, and you will support this project!



Besides the small Golden Sun pendants, Andrea also makes ceremonial Golden Sun discs on request, in several sizes (for instance 12 cm. diameter).

### ***ANBI***

I want to apologize for the sheer amount of information in this newsletter, but so much has happened!

Many of you support us in many ways. We feel this connection and therefore want to share as much as possible about what's going on and is on the plan for this year.

This way we can show how the attention, actual help and funds are spent. Now comes the most precarious part: finances. It was a great milestone when we finally received our "ANBI" status (Dutch acronym for "Public Benefit Organisation" from the Dutch Tax Administration. It means that your donations are eligible for tax deductions. For more detailed information, please visit our website: [www.thegoldensun.eu](http://www.thegoldensun.eu).

Your donations will help us to finish the light weight Golden Sun and this "travel size" puzzle will enable the Golden Sun's ceremonies to travel to countries with smaller budgets.

***However the greatest power lies within the active participation during the ceremony. Only then the Holy Grail full of precious Gold is formed.***

We hope to meet you during our "Friends of the Golden Sun" day end of September/early October 2018. We will keep you informed of our planning with the exact times.

Warmest greetings, Frouk

Translation by Angelique de Ru